***CASH OUT YOUR ETH***

**Step 1:** Send your ETH from your MetaMask to your Coinbase account. Make sure you know your Coinbase address. [See how here](https://metamask.zendesk.com/hc/en-us/articles/360028141672-How-to-send-deposit-tokens-to-your-MetaMask-Wallet)

**Step 2:** After receiving your ETH on Coinbase, you can now sell your ETH and deposit the proceeds to your Bank account. [See how here](https://help.coinbase.com/en/coinbase/trading-and-funding/buying-selling-or-converting-crypto/how-do-i-sell-or-cash-out-my-digital-currency)